

Message from the President

By Lea Giddens

It is said that the most stable structure for a seat is a three-legged stool. Perhaps the same theory can be applied to the tri-part community that makes up the Kihei Canoe Club `Ohana. One leg of the stool is the racing program that includes regatta, long-distance and OC-1 and OC-2 races. The second leg is the youth program - our own Na Opio crew and our sponsorship of the Baldwin High School MIL team. The third leg is the recreational/fundraising component that includes our popular visitor program and special events such as weddings and ashes ceremonies.

Many of our members are involved in two or three of these activities so there are no boundaries separating these groups. Together, they make for a powerful team committed to winning medals, supporting our youth and embracing the host Hawaiian culture.

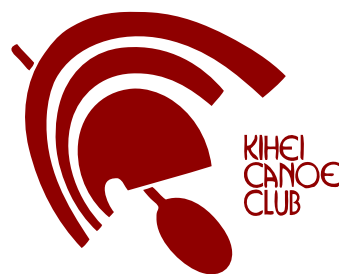
I invite every rec paddler to come out to see the races some Saturday this summer and I invite racers to join us on a Tuesday or Thursday morning to share our aloha with visitors to Maui. It's a joyous experience.

Right now, our focus will be on getting ready for the race season. We welcome back head coach Kawika Williams and his assistants Rob Phillips, Sol Pali, Kaleo Evangelista and Biggie Lara.

Mahalo nui loa to everyone who has pitched in to help in the off-season and welcome to those who want to be more involved in our outreach and education efforts.

Kihei, Kihei, Kihei IMUA!!

P.O. Box 1131
Kihei, Maui, HI 96753



CANCER SURVIVORS PADDLE WITH KCC

Kihei Canoe Club has taken on a new challenge – helping breast cancer survivors to regain their health and confidence.

In partnership with The Pacific Cancer Foundation, KCC is sponsoring Maui's second Mana`olana (hope) paddling program to provide fun and healthy exercise to breast cancer patients.

The initial training program, which is free, will run for six weeks beginning March 5. Cancer survivors will paddle from 6:45 to 8 a.m. Mondays and Wednesdays through April 20. Training and equipment is included

“We’re honored to share our love of paddling with the Maui community and especially with women who have demonstrated so much courage and confidence to regain their health,” said Lea Giddens, KCC president. “We’re proud to

welcome them to our ohana.”.

The KCC Mana`olana team is coached by Joan Cannon and Florida Town, a gold medal award winning paddler from Canada who winters in Maui. She is a certified coach in whitewater, flat water and open water canoeing and has worked as a coach in dragon boat and outrigger paddling and with disabled paddlers.

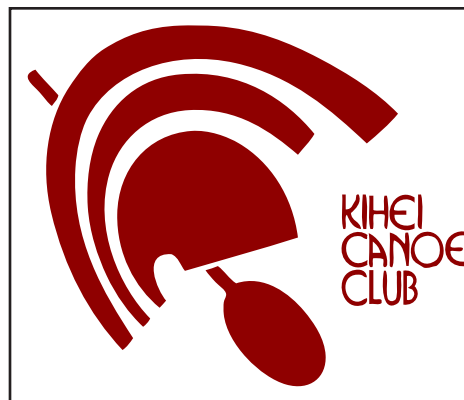
“Programs like Mana`olana have helped thousands of women to rebuild their lives and the support of other survivors is a priceless commodity,” said Town.

“Unless you have been there yourself, it’s hard to imagine what some of these women are going through. It’s all about sisterhood, ohana and imua“

For more information e-mail pinkpaddler@yahoo.com or call the Pacific Cancer Foundation at (808) 243-2999.

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Casey Logsdon

Ka News

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SUNSET AWA CEREMONY TO LAUNCH RACE SEASON

All members invited to participate March 30

KCC cultural advisors Kumu Hula Keli`i Tau`a and Kimokeo Kapahulehua will lead a traditional Hawaiian awa ceremony to launch the 2007 canoe racing season Friday, March 30 6 p.m. at the canoe club hale at Ka Lae Pohaku beach. All club members are welcome.

Kimokeo points out that the awa ceremony is a time to make your personal commitment to the upcoming season. It’s also a commitment to yourself, to those in the awa circle and to the world around us, added Kumu.

The protocol for the ceremony includes participants gathering in a circle where each is served with a coconut shell bowl of sacred awa. Awa recipients are invited to say

a few words about what the club `ohana means to them, about their goals for the year ahead.

The liquid awa served during the ceremony is made from the root of the awa tree and was traditionally reserved for the gods and the ali`i.

Other parts of the ceremony will speak to the balance of life and the importance of receiving guidance from na kapuna (ancestors) and to understanding the natural forces that guide us, including the sun, the moon and the four directions of the compass. Tau`a and Kapahulehua will also offer and lead traditional Hawaiian chants.

For more information, contact Education Committee Chairman Casey Logsdon at 283-7068.

HAWAIIAN WORDS FOR THE WA`A (canoe)

- **AMA** - - outrigger float
- **`IAKO** - - outrigger boom connecting ama to wa`a.
- **MANU IHU** - - bow
- **MANU HOPE** - - stern
- **HO`OKELE** -- Steersman

**Please try to learn and use these Hawaiian words.
More to come!**

FREE HAWAIIAN CHANT CLASS OFFERED

Kumu Keli'i Tau'a, KCC's advisor on Hawaiian language, culture and protocol, will teach a three-week course in Hawaiian chant beginning Friday, March 30 at 8:30 a.m. at the Kihei Canoe Club hale on South Kihei Road.

The classes are free to canoe club members but are open to non-members for a nominal donation. Additional 90-minute classes will be April 6 and 13. Students are encouraged, but not required, to attend all three sessions.

Kumu Tau'a uses ancient Hawaiian teaching methods to help na haumana (students) memorize traditional canoe chants and to understand underlying historic and cultural meanings.

Contact Casey Logsdon at 283-7068 or casey@kiheicanoecub.com for reservations or more information. Space is limited.

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Call Ginger at 264-8898 for information or an appointment.



MESSAGE FROM THE COACH

KAWIKA WILLIAMS

First of all, I want to welcome everyone back

to regatta season and to say mahalo to all of those who kept the club moving forward during the off-season.

I'm proud to welcome assistant coaches Rob Phillips (men), Sol Pali (women) and Kaleo Evangelista (na opio) and Biggie Lara (upper divisions) to our KCC team.

We're now starting official training for the season (see attached schedule) It's also time to start cross training, stretching and eating right.

Your coaches are also counting on you to recruit friends, family, neighbors and co-workers to the KCC team.

Your coaches have three goals for the season: Our short-term goal is to qualify as many teams as possible for the State Championships.

medals at States. Our long-range goal is to field teams in each and every division for Molokai Hoe.

Competition is going to be intense. Paddlers are going to be fighting for seats. The most important criteria for a hot seat are showing up at practice every week and displaying teamwork and a positive attitude.

We have a brand new division this year - Grand Masters for men and women over 60. This is a terrific opportunity to make points for the club.

I look forward to seeing you at practice and to working together for an awesome season.

PRACTICE BEGINS MARCH 26

Na Opio: To be announced

Women: Monday, Wednesday, and Friday. Boats in the water at 5:30 a.m.

Men: Monday, Tuesday, and Thursday. Boats in the water at 5:30 a.m.

Coaches may determine additional or different practice schedules.



2007 KIHEI CANOE CLUB BOARD OF DIRECTORS

Lea Giddens, President



I grew up on the beach in Southeastern Texas, in a community influenced more by Cajun society than longhorn cattle. I came to Maui 27 years ago and was hooked into paddling by Swili Tan not long after.

2007 KIHEI CANOE CLUB BOARD OF DIRECTORS

Polly Lorge, Vice President



Ten or twelve years ago I was bringing my kids to the beach when Uncle Bully (now known as Kimokeo) convinced me and some other moms to start paddling.

Stephen Luksic, Secretary



"I joined Kihei Canoe Club four years ago, helping with the twice-weekly visitor paddling fundraising program. I love sharing the paddling experience with guests and visitors.

Anibal "Ani" Alfaro, Chair, Paddlers Open



"It's been my pleasure to paddle with KCC for almost four years. I am committed to paddling, love racing and have enjoyed getting to know so many other members of the club.

Jackie Brainard, Chair, Communications



"I was lucky enough to paddle with KCC when we first came here ten years ago. Soon, I was corralled by Kimokeo (he was still 'Bully' then) and became ever more involved in the club, the culture and community.

Casey Logsdon, Chair, Education



"What can I say, 'I paddle, therefore I am'. Paddling is a family affair for us. I've been paddling for more than a quarter century, including the last five years with KCC.

Donna Abdill - Treasurer



I've always been athletic, always a competitor. I used to do triathalons and trained for the Maui Marathon and Xterra Triathlon. Then, I got hit by a car while riding my bike in Kihei and was out of commission for three years.

Denise Guerin, MCHCA Representative



"I recently started to paddle again after a break of about 15 years. I paddled for KCC in the early '80's for about 10 years. In those days, I raced every chance I got. The most memorably regatta for me was when I sat Seat 5 the week before my oldest son was born and the boat hulled in Kahului Harbor!

Anita Anderson, Chair, Membership



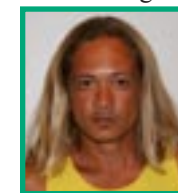
I was born in Lahaina and have lived all over the island. I've also paddled all over the island, including paddling for Na Kai, Hawaiian, Lae Ula, Malama Ula and finally Kihei which is now my home.

Bob Brooks, Chair, Canoes and Equipment



Transplanted from Northern California 17 years ago, I had a goal of ridding myself of bad habits by focusing on new and challenging experiences. Bill Martin finally convinced me to try paddling which, with pain and determination, helped rid me of the effects of a lifetime of smoking.

Kaleo Evangelista, Chair, Grounds and Hale



I started racing outriggers when I was a kid on the island of Hawaii, but later got involved with canoe sailing. I had a great year with the Novice A team and hope to be paddling with Freshmen Men. Although I love winning races, my most important wish for the club is to build a culturally based youth program.

KCC SEEKS TEAMS FOR PADDLERS OPEN

Club members are urged to invite businesses, clubs, families and groups of friends to sponsor six-person teams to compete in the 25th Annual Maui Paddlers Open April 14.

“Ask your employer, your family or your friends to put together a team for this great event,” said Lea Giddens, club president. KCC will provide canoes, paddles, opportunities to practice and an experienced steersperson if needed.

The club has a goal of having at least 60 teams competing in the popular race – the club’s most important fundraising event. The entry fee of \$150 per canoe, or \$25 per person, supports KCC’s youth program and operating costs.

Many hotels, restaurants and other large employers sponsor teams each year, but anyone who wants to enjoy the fun is welcome. Team categories include Novice Junior (under 18) Experienced Junior, Novice Men, Experienced Men, Novice Women, Experienced Women, Novice Mixed and Experienced Mixed. Winners in each category receive a CHAMPIONS tee shirt with trophies to overall winners.

Racing starts at 8 a.m. at Ka Lae Pohaku beach and continues into the afternoon. There will also be music, food and a live and silent auction.

For team applications or more information, contact Ani Alfaro at 250-1392 or ani@hawaii.com.

VOLUNTEERS NEEDED FOR EMERGENCY RESPONSE TEAM

On occasion, wind, waves and weather threaten our wa`a. It’s time to create an emergency response team to take action when a problem arises.

We need people to sign on to an emergency team that will take responsibility, on short notice, for moving our boats to a safe place.

If you are willing to be part of the Emergency Response Team, please contact Bob Brooks: 283-0969 (Bbrooks@maui.net)

We especially need people who live in Kihei, but all are welcome to kokua.



Bill Brandt has generously devoted his time to refinishing the Iakos. More volunteers are needed, please contact Bob Brooks 283-0969 or any Board member.

MCHCA 2007 RACE SCHEDULE

Date	Host Club	Race/Location
April 14		KCC PRE-SEASON FUNDRAISER
REGATTA SEASON		
June 2	NKE	Kahului Harbor
June 9	KIHEI	Ka Lae Pohaku
June 16	LAHAINA	Hanaka`o`o Beach
June 23	HAWAIIAN	Kahului Harbor
June 30		BYE WEEK
July 7	KAHANA	Hanaka`o`o Beach
July 14	LUOK	Kahului Harbor
July 21	NAPILI	Maui County Championships – Kahului Harbor
August 4	HCRA	State Championships - Kaua`i
LONG DISTANCE SEASON		
August 11	Hawaiian	Dutchy Kimo
August 18	Lahaina	George Pao`a
August 24	NKE	Queen Ka`ahumanu
August 26	NKE	Great Kahakuloa
Sept. 1-2	Kai Opua	Queen Liliuokalani – Hawaii Island
Sept. 15	LUOK	E`ilau Hoe Kakou
Sept. 22	Hawaiian	Maui to Molokai
Sept. 22		Na Wahine O Ke Kai
Oct. 14		Molokai Hoe